INSHAPE Announces
2019 State Teachers of the Year

The Association also recognizes award recipients for Outstanding Student, Young Professional, Leadership, Pathfinder, Special Contributor, Honor, and Legacy

Six collegiate scholarship recipients recognized

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Indianapolis, IN. (September 15, 2019) – INSHAPE, the Indiana Society for Health and Physical Educators, announced its 2019 state Teacher of the Year award winners, six individuals who are among the elite of the school health education, physical education, adapted physical education, dance and recreation professions.

The Teacher of the Year Award enables INSHAPE to recognize the work of outstanding educators. State Teachers of the Year are selected among nominees after rigorous evaluation by the Association selection committee. The awards are given in recognition of outstanding teaching performance and the ability to motivate today's youth to participate in a lifetime of physical activity.

"Our 2019 Indiana Teachers of the Year are Difference Makers! We are excited for this opportunity to showcase our educators and the value that each has that impact their schools and communities. These Indiana Physical Education and Health teachers enrich students’ lives by putting them on the path to health and physical literacy so that students have every opportunity to live their BEST life," noted Carole DeHaven, INSHAPE president.

The state award recipients will be recognized on November 3, 2019 during the organization's Hall of Fame Awards Banquet concurrent with the State Conference. For the second year in a row the INSHAPE State Conference will be held at Grand Park Events Center in Westfield, IN. The awards banquet is presented by U.S. Games, a division of BSN Sports of Dallas, TX.

INSHAPE Teachers of the Year now compete for the SHAPE America Midwest District Teacher of the Year. Midwest District Teachers of the Year become candidates for the 2020 SHAPE America National Teachers of the Year. INSHAPE has a rich tradition of members who have been recognized as National Teachers of the Year including:

- Tammy Brant SHAPE America National Middle School PE Teacher of the Year (2010)
- LeAnn Haggard SHAPE America National Dance Educator of the Year (2005)
- Karen Hatch SHAPE America National Health Teacher of the Year (2010)
- Roberta Sipe SHAPE America National Elementary PE Teacher of the Year (2007)
- Heidi Sipe SHAPE America National Health Teacher of the Year (2014)

Most recently, INSHAPE Elementary PE Teacher of the Year, Chris Berg, formerly teaching in Lafayette and Avon, was a 2019 SHAPE America Midwest District Teacher of the Year and one of five candidates for the 2019 National Elementary PE Teacher of the Year.
The 2019 Indiana state Teachers of the Year are:

**Elementary Physical Education Teacher of the Year — Ryan Macy, Northeast Elementary School (Greenwood, IN)** Ryan has been a teacher in Greenwood and Indianapolis for the last 9 years. He is a graduate of Ball State University with a BS, Physical Education and IUPUI in Health. The heart of his elementary school program combines a standards based curriculum while allowing students choice to determine the equipment that will best support their learning and skill development for each lesson. One of his main goals is teaching cooperative activities at the beginning of the school year because he feels it is important for students to learn about each other and learn how to cooperate to solve their challenges and tasks. A couple of days each week you can find Ryan eating lunch with his students in the cafeteria so they can see what he eats and understand why he chose his healthy meal. Ryan practices what he preaches by exercising in and out of school and playing volleyball regularly with fellow teachers. Not an educator content with the status quo, Mr. Macy routinely participates in a variety of professional development opportunities but even more importantly shares his knowledge with others as an OPENPHYSED Presenter.

**Health Educator of the Year — Melanie Busch, Northside High School (Ft. Wayne, IN)** Melanie has been teaching at North Side High School for 9 of her 10 total years in the teaching profession. During her college years she was recognized as the Indiana and Midwest SHAPE Outstanding Student of the Year. Melanie is active with INSHAPE where she has worked with the Council of Future Professionals, participated in the Leadership Conference, and currently serves on the Health Council. She earned both her BS in Health, Physical Education and Adapted Physical Education and her MS in Education from Manchester University. Melanie’s health curriculum is peppered with her innovative teaching style. Students are engaged in project based learning and hands-on demonstrations. Ms. Busch recently received funding for her SEARCH Health Club that allows her students to attend field trips to Riley Children’s Hospital and other medical facilities. Recently, her most exciting venture is utilizing desk cycles in her classroom while students are modeling “Health Moves Minds”.

**Adapted Physical Education — Ryan Peeple, East Noble High School (Kendallville, IN)** Ryan has an exceptional passion for working with special needs students. He works diligently to provide an inclusive and least restrictive environment for students with differing abilities. A graduate of Ball State University with a BS degree in physical education and adapted physical education, Mr. Peeple has been teaching for 14 years at East Noble High School. He has received Teacher of the Month and Outstanding Contribution for Special Education Students accolades and most recently was named the 2017 East Noble School Corporation Teacher of the Year. During his time at East Noble Ryan has developed a robust Unified Physical Education Class. His students utilize technology with Movbands that keep track of their steps and calories burned. He also partners with a service dog named Wanda in his classroom to encourage students to move so they can get more “Wanda Time”. After school hours you will find Ryan working with the Unified Fitness Club or coaching the Unified track and field, basketball and flag football teams not to mention he has several Adapted PE students participating on the mainstream football, basketball, gymnastics, wrestling and swim teams. Most recently Ryan has worked collaboratively with his local YMCA to provide workout
opportunities using a modified financial aid package for his students. The Kendallville community has embraced his enthusiasm for Adapted Physical Education.

Middle School Physical Education Teacher of the Year — Julie Grissom, Eastwood Middle school in Washington Township (Indianapolis, IN) Julie has been teaching physical education for 27 years. She earned her BS in Physical Education, Health and Athletic Training from the University of Evansville, MS in Kinesiology from Indiana University and a Master Certificate in Building Leadership from Fort Hays State University. She is currently serving on the INSHAPE Secondary PE/Aquatic Council. Her goal is to provide students with the skills to pre-assess fitness levels, set goals, individualize their own fitness plans and analyze the progress made. These activities nurture the mental and physical processes in being a physically literate person. Miss Grissom has received around $30,000.00 in grant money from various organizations including Indiana Sport Corp/Big Ten, Donors Choose, the Eastwood PTO, and the Advancement Center. The grant money has been used to fund an entire room of cardio, circuit strength training, and sports equipment. Julie is also the faculty advisor for the school news crew and helps with live broadcasts 4 days a week.

High School Physical Education Teacher of the Year — Reese Ryzewski, Highland High School (Highland, IN) Reese has served 36 years as a public school teacher. She has taught a variety of classes to include: required physical education, swimming, lifeguarding, aquatic sports. Reese exhibits leadership and vision as the physical education department chair in her building. Her standards based curriculum allows students to apply strategies and tactics using PLT4m software that provides students with a variety of individual workouts and personal data. Reese lives an active and healthy lifestyle as she exercises 5 - 7 days a week and eats a very nutritious diet just as she models being a lifelong learner. She attained her BS in Health and Physical Education from Purdue University and her MS in Secondary Education from Indiana University. Currently, Reese is active on the INSHAPE advocacy committee where she traveled to Washington D.C. to talk with legislators about the lifetime value of students being physically literate.

Recreation/Leisure Educator of the Year – Chad Simmons, Indiana University (Bloomington, IN) Chad is the Assistant Director, Outdoor Education and Retreats at Indiana University, Bradford Woods. He earned his Bachelor of Science and Masters of Science in Kinesiology at IUPUI and is completing his PhD in Leisure Behavior from IU Bloomington. Chad served on the INSHAPE Recreation and Aquatics Council and has published 2 articles on recreation and its ties to physical education and core values. In the past 2 years he has implemented therapeutic adventure education and equine-facilitated programming for youth on probation. Mr. Simmons believes it is important to share his knowledge with others so he presents at conferences and most notably gave the keynote speech for the Indiana National Guard Youth Camp. Chad practices what he preaches by engaging in recreation and leisure activities on a regular basis. Some of his favorite leisure activities include: camping, hiking, basketball, and domestic/international travel. Currently, all programming he has designed is evidence-based to help increase the validity and reliability of recreational therapy programs in enhancing overall well-being.
Dance Educator of the Year — Kalie McKinley, Assumption High School, (Jeffersonville, IN) Kalie has taught for 8 years, the last 5 of those at Assumption High School in Louisville, Kentucky. She starts the 2019-2020 school year at Cane Run Elementary in Louisville. As a resident of Jeffersonville, Indiana and a teacher in Kentucky Kalie has the unique opportunity to participate in both Kentucky and Indiana SHAPE state organizations. She thrives on the professional development opportunities provided by both groups. Kalie earned her BS in Adapted Physical Education and Physical Education at Manchester University and is currently pursuing her MS in Physical Education at Arkansas University. In her young career Kalie has been recognized as INSHAPE Outstanding Student of the Year, INSHAPE Secondary Teacher of the Year, Midwest SHAPE Outstanding Young Professional, and KAHPERD Dance Educator of the Year. Kalie sees dance as an emotional experience where students learn to communicate in a new way and she incorporates dance into every lesson she teaches. She particularly loves to teach Hula and all the Hawaiian tradition that comes with it. Recently, she has presented dance and paddle boarding professional development sessions at several state conferences, and her enthusiasm for her craft is infectious.

During the awards banquet, the Association will also recognize the outstanding contributions and achievements of professionals who have contributed to the advancement of the profession and scholarship award recipients. They include:

**Leadership Award:** Gary Sanders, St. Joseph’s College
An individual who has demonstrated significant leadership in terms of program development in health, physical education, recreation, dance, and/or allied areas, and whose contributions reflect prestige, honor, and dignity to the Association.

**Young Professional Award:** Lindsay Carl, Franklin Central High School
A younger member of the Association who has demonstrated outstanding potential in teaching, scholarship, and service, and if continued, indicates that he/she will develop into a distinguished member of the profession.

**Outstanding Student Award:** Casey Arseneau, Manchester University
An undergraduate student who has displayed distinctive leadership and meritorious service to his/her profession of health, physical education, recreation, dance, and/or allied areas.

**Special Contributor Award:** Tom Strenger, US Games
An individual who is outside of health, physical education, recreation, dance, and sport but who, through his/her work, has contributed significantly to the general purposes of the Association.
**Pathfinder Award: Cindy DeWitt, Zionsville High School (retired)**

The Pathfinder Award was established to honor members who have and/or continue to advocate, recruit, and enhance opportunities for girls and women in sport and sport leadership.

**Honor Award: Lisa Hicks, University of Indianapolis**

An individual who is clearly outstanding in his/her profession with long and distinguished service to health, physical education, recreation, dance, and/or allied areas.

**Legacy Award: Kim Duchane, Manchester University**

An individual in the health, physical education, recreation, dance, sport, and/or allied professions who have given long and distinguished service. The award recognizes those persons who have left a legacy, a benchmark, or a standard in professional service, scholarship, and leadership.

**Jean Lee / Jeff Marvin Collegiate Scholarships**

INSHAPE annually awards six (6) $1,000 scholarships to undergraduate students who are attending an Indiana college or university, will be juniors or seniors during the coming academic year, and are majoring in health education, physical education, recreation, dance education, or allied areas (including sport administration). The 2019 recipients of the Jean Lee / Jeff Marvin Collegiate Scholarships are:

- Casey Arseneau, Manchester University
- Kennedy Broadwell, Butler University
- Samantha Cavanaugh, Purdue University
- Taylor Drury, University of Indianapolis
- Ripley Oblinger-Hammond, Indiana State University
- Amanda Thayer, Indiana University

More information about INSHAPE awards can be found at [http://www.indianashape.org/](http://www.indianashape.org/). The Hall of Fame Awards Ceremony on November 3, 2019 starts at 4:00 p.m. at the Cambria Hotel located on the Grand Park Sports Campus – 18592 Carousel Lane, Westfield, IN, 46074. [Dinner tickets](http://www.indianashape.org/) can be purchased until October 15, 2019.

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The Indiana Society for Health and Physical Educators (INSHAPE) is a professional education association for teachers, administrators, researchers, coaches, students, and other allied professionals who are actively engaged in and dedicated to the promotion of quality health, physical education, recreation, dance, sport, and allied programming in public and private schools, colleges and universities, and community agencies throughout the state of Indiana.

The mission of INSHAPE is to enhance the credibility of the disciplines within the Association through advocacy, professional development, and research-based pedagogies resulting in healthier communities.

The Association is affiliated with SHAPE America (Society for Health and Physical Education) and the Midwest District of SHAPE America. This affiliation provides a strong national voice for its members on professional and legislative issues and keeps its members and the public aware of professional and legislative developments.